

THE BEGINNER'S **GUIDE** TO PREDICTING ≡ YOUR ≡ **FUTURE**

PART 3: FOLLOW

INTRODUCTION

We all start out life with great intentions. But our intentions aren't good indicators of our destinations. In fact, our directions trump our intentions every time. That's why we all need to follow someone we trust, someone who can make our lives better and make us better at life. We all have a decision to make. If not Jesus, then who? If not Christianity, then what?

DISCUSSION QUESTIONS

1. We've all followed someone we trusted when we didn't know where to go. Talk about someone in your life to whom you could say, "I couldn't have gotten here without you!"
2. **Read John 6:25–29.** *What must we do?* Many in the crowd listening to Jesus wondered what it might cost them to follow him. What do you worry Jesus might ask you to do if you follow him? How does the simplicity of Jesus' reply to "believe in the One he has sent" influence your view of what you must "do"?
3. **Read John 6:30–36.** *Give us a sign.* Have you ever asked for a sign to know with certainty that you should follow Jesus or trust him with a circumstance? How does Jesus address his listeners' requests for signs?
4. **Read John 6:60.** *This is too hard. Who can accept it?* Jesus didn't promise an easy life, but he promised that we could trust him anyway, despite the difficulties.

What about following Jesus has proven hard for you or strikes you as too difficult to accept? Has there ever been a moment in your life when you wanted to click the "Unfollow" button on Jesus?

5. **Read John 6:61–69.** *To whom shall we go?* What conclusion did Peter come to about his options for following Jesus?
6. When you consider your direction in life, are you following someone you can trust with your ultimate destination? If not Jesus, then who? How can our group encourage you to follow and trust him with your life?

MOVING FORWARD

Following Jesus is not easy, but following Jesus is better. Surrender to his direction and trust him with your destination. He knows where you should go.