



PART 4: GOING THE DISTANCE

Today's "You'll Be Glad You Did" advice is directed toward married couples, couples headed toward marriage, and anyone who hopes to marry.

This one piece of relationship advice will lead to a more mutually satisfying experience, prepare you to go the distance, and set you up to finish together.

CONNECT

How would you characterize your parents' relationship? Tug-of-war? Dad ruled? Mom ruled? They deferred to each other? Something else?

LEARN

You will watch a shortened version of a message from this series to set up your group discussion. Watch the full message sometime this week as a reminder of what you talked about today.

APPLY

After sharing what stood out from the video, discuss the following questions as a group:

1. What's your initial response to the idea of making a relationship a "submission competition?"
2. Would you say you treat your significant other better/worse/same as compared to when you were pursuing them? What makes you say that?
3. Read **Philippians 2:5–8** and **Mark 10:45**. Have you ever considered the reality that Jesus never leveraged his power for his own benefit? What does that say about the mindset you should have?
4. If you are married, what is a specific way you can prioritize submitting to your spouse this week? If you aren't married, in what ways can you practice deferring to your closest people as a way of "one-anothering" them?





BEFORE NEXT TIME

In the full message, Andy encourages couples to ask their spouse the question, “What can I do to help?” Ask your spouse (or a loved one, if you are single) that question this week, and watch the full message as a reminder of what you talked about.

PRAY

A “submission competition” can only happen when we are first starting each day surrendered to God. Pray the Lord’s prayer together as a group as a reminder to surrender your will to your heavenly Father.

*Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation,
but deliver us from the evil one. Amen.*

–Matthew 6:9–13

