



PART 2: A LOVING APPROACH

For a difficult conversation to go as well as possible, our approach is key. In this session, we'll discuss some tips to keep the conversation on point as well as how faith can shape our approach.

WIN

To be better prepared to have an uncomfortable but necessary conversation.

CONNECT

When you face a difficult conversation, does faith or imagination play a larger role? Faith involves bringing God into the conversation and inviting him to change our perspective. Imagination involves pretend confrontations in our mind that usually result in our winning an argument.

LEARN

Before watching the video together and discussing the questions provided, we suggest taking a few moments to pray. Here's a simple prayer you can use:

Heavenly Father, we want to love people well. Give us the wisdom and courage to approach any potential uncomfortable conversations with the best posture possible. Help us to see the person on the other side of the conversation as you see them. Amen.

After praying, watch the video for Part 2.

APPLY

1. Do you typically initiate difficult conversations too quickly or too slowly? Why do you think that is?
2. Before getting into best practices for the conversation itself, the video reminded us to pray, asking God questions like these:
 - Is there something I'm missing here?
 - Is there something about me that I need to work on first?
 - What are my motives?
 - Is this really even an issue?
 - Am I approaching this with care for the other person?

Which one of those questions is the most challenging to pray? Why?





How Faith Can Shape Our Approach

3. Read **Ephesians 4:2–3** aloud where Paul is instructing Jesus followers in Ephesus on how to relate to one another. What are the key words that stand out? Which one of those words is hardest for you to live out when it comes to approaching difficult conversations?
4. How difficult is it for you to “own your part” to the other person, especially when you feel your part is only a very small portion of the problem?
5. Do you have a difficult conversation coming up? If so, what did you just learn that can be helpful?

PRAY

Close your time by taking prayer requests and ending in prayer. Also, ask God to give everyone in the group the courage they need to have any difficult conversations they may have on the horizon.

