

REACTIONS SPEAK LOUDER THAN WORDS

PART 3: IF GOD IS FOR YOU

An over-underreaction gives us the opportunity to view criticism and disappointment as an opportunity to react in a way that communicates our confidence in God.

It's unexpected. It's counterintuitive. But it's also remarkable. And Jesus modeled it for us.

CONNECT

Do you know someone who is a great over-underreactor? What makes you think that about them?

LEARN

You will watch a shortened version of a message from this series to set up your group discussion. Watch the full message sometime this week as a reminder of what you talked about.

APPLY

After sharing what stood out from the video, discuss the following questions as a group:

1. In the video, Andy said, "At the end of the day, our responsibility is to follow; God's responsibility is outcomes." Why do we try to control outcomes? What typically happens when you try to control outcomes instead of entrusting outcomes to God?
2. Read **Romans 8:28**. How could the reality that God is always working influence the way you react?
3. Read **Matthew 11:28–30**.
 - Describe a recent situation that makes you feel weary and burdened. What would it look like for you to give that situation to Jesus so you can find rest?
 - What can you do to find the rest that Jesus provides when situations arise out of your control? How can your group support you in those situations?
4. In the video Andy said, "Take on the Jesus way, the way that allows you to live responsibly without taking responsibility for things you were never intended to take responsibility for to begin with." What does it look like to live responsibly without carrying a load we were never intended to carry?



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WRAP UP

Our reactions speak louder than our words. Jesus instructs us to react in a manner that reflects our heavenly Father's reactions to us. He invites us to react in a way that reflects unwavering confidence in God. Confidence that God is with us. For us. Let's over-underreact in a way that causes people to wonder. To look up. And connect the dots between our reactions and our confidence in God. Why?

Our reactions are our best opportunity to show people around us that we actually believe what we claim to believe.

PRAY

Take time to thank God that he is for you. Ask him to bring **Romans 8:31** to mind the next time difficult circumstances arise.

