

# Psalms

A Four-Session Study on the Book of Psalms

## SESSION 2: KINGSHIP AND WISDOM PSALMS

This session, we will learn about two types of Psalms that build the framework for the entire collection. The Kingship Psalms honor and celebrate both God as a Divine King and Israel's Earthly King. The Wisdom Psalms help us understand how to live well in God's kingdom.

### WIN

To know more about God through studying the Psalms and to engage with the Psalms in ways that help us become more like Jesus

### CONNECT

Take a few minutes to discuss the following question as a group: If you were given the chance to “live like a king” for a day, what would you do?

### LEARN

Before watching the video together and discussing the questions provided, we suggest taking a few moments to pray. Here's a simple prayer you can use:

*Heavenly Father, Thank you for this opportunity to learn more about you, our Sovereign King, and help us walk in the ways of your good and perfect wisdom. Amen.*

After praying, watch the video for Session 2.

### APPLY

Discuss the following questions as a group:

1. When you think about God as the Sovereign King and that everyone and everything exists within his kingdom and under his rule, what's your initial response? What's easy/hard to accept about God reigning and ruling over you?
2. Israel wanted a king “like all the other nations” because they were afraid and thought a physical king would somehow be better than God. What are ways we do this (rely on things we can see to give us security) in our own lives when we become fearful or insecure?
3. As a group, read **Psalms 72**. In the session, we learned this Psalm is both a prayer for the current king, while also describing Jesus, our Eternal King. What are some specific things the king prays for himself that are also characteristic of Jesus?



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4. Who do you know that you would describe as being wise? Why?
5. Read **Psalm 19:7–14**. What do you observe about the relationship between Scripture and those who love and apply what they read within its pages?
6. What are your biggest takeaways from the video? What do they teach you about who God is, and how can what you've learned help you become more like Jesus?

### PRAY

We suggest ending your group with prayer. In light of the two genres, consider where you most need to honor God as King in your life, and/or where do you most need God's wisdom in your current circumstances. Take some time in silence to share those things with God, and have someone in the group close in prayer.

### BEFORE NEXT TIME

Examples of Kingship Psalms: 96, 97, 98, 99

Examples of Wisdom Psalms: 36, 37, 73, 119

Over the next week, read through a few of both genres and invite God to help you honor him as your good and wise King.

One of the ways we can engage more intentionally with the Psalms is to practice writing our own versions of the genres presented each week. Beginning this week and for the remaining sessions, you will have the opportunity to do so. The intention is not that it be long or over the top, but that it would create a thoughtful experience between you and God. In light of this:

- Write your own Kingship Psalm exalting God as your King. What aspects of a king would you want to include? How would you describe his "rule" in your life?
- Write your own Wisdom Psalm. What would your theme be? What would be one thing about God's wisdom you would want others to be clear about?

*The fear of the Lord is the beginning of wisdom;  
all who follow his precepts have good understanding.  
To him belongs eternal praise.*

**Psalm 110:10**

