

PAUL'S LETTER TO THE

# EPHESIANS

Living as Followers of Jesus

## PART 3: HONOR

Paul gives practical and specific instructions on how to live as Jesus followers. Everything he instructed the Ephesians to do lined up with what Jesus modeled and taught: we should honor other people. Everyone has value.

### WIN

To embrace practical ways to treat every person with honor

### CONNECT

Think of a time when someone honored you. In what way did their kindness make you feel valuable?

### LEARN

Before watching the video together and discussing the questions provided, we suggest taking a few moments to pray. Here's a simple prayer you can use:

*Heavenly Father, help me see every person as important. Help me honor the people I interact with.  
Amen.*

After praying, watch the video for Part 3.

### APPLY

Discuss the following questions as a group:

1. Read **Ephesians 4:29** aloud. What key words stand out to you? What's an area you could improve in when it comes to using words that benefit others?
2. Paul speaks about honoring one another by submitting to one another out of reverence for Christ (**Ephesians 5:21**). In what ways is this instruction easy for you? How is it difficult?
3. Read **Ephesians 6:10–17** aloud. In order to live out this new faith, Paul encourages Jesus followers to put on the full armor of God. Notice how all the pieces of armor practically cover the entire body. What other observations do you have about the type of armor Paul mentions? What do they have in common?
4. How would you grade yourself at honoring those above you in the workplace? If you're a boss, how would your employees rate you in terms of honoring them? What makes you say that?



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5. Who do you typically look past or minimize that you could show honor to? How could you do that? How could living in God's power (**Ephesians 6:10**) help you?

## WRAP UP

Paul began this letter by reminding the Ephesians what God had done through Christ and what their new identity was as a result. Only then did Paul give instructions on how they should live. It's a great reminder that living out our faith begins with understanding that we have been sought out and adopted into God's family. Only after we understand who we belong to can we truly begin to treat others the way God, through Christ, has treated us.

## PRAY

We suggest ending your group with prayer. One idea is to have each person mention someone they could show honor to, and have them share the name of that person. Then the leader can close in prayer, or each member can pray for God's strength to honor the person they mentioned.

## TO MEMORIZE

Try to commit these passages to memory:

**Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.**

**Ephesians 4:32**

**Submit to one another out of reverence for Christ.**

**Ephesians 5:21**

**Be strong in the Lord and in his mighty power.**

**Ephesians 6:10**

